



PADDLE *And Wine*

Program

📍 *Day 1: arrival in Faro*

- Arrival in Faro. A transfer will be waiting to take you from Faro Airport to the Vila Alba Resort (1). After check-in, you'll have time to relax by the pool or explore the nearby beaches before diving into the delightful program we've prepared for you.
- Inside the hotel, you'll find the Morgadinho Restaurant, where we'll gather for dinner to introduce ourselves and discuss the tour. Thus, we begin our journey through the flavors of traditional Portuguese cuisine and its wines.

📍 *Day 2: Praia da Marinha and Algar de Benagil*

- For the first day of our tour, we want to start BIG! We will meet early at the beach to avoid the crowds, and on our first paddleboarding session, we will take you to the most visited spot in the Algarve, **The Benagil Cave**. On the way, we will go along several amazing beaches, like Praia da Marinha, ranked among the top 100 beaches worldwide.
- After lunch, we head to Faro. You will have time to relax or take a stroll through the Old Town. Sleeping will take place in the heart of the city, Hotel Faro (2).

📍 *Day 3: Cabanas de Tavira to Cacela Velha*

- After breakfast, we head to Cabanas de Tavira and paddle from this old fishing village along the Ria Formosa, a maze of channels, islands and marshes that stretch along the eastern coast of the Algarve to the picturesque village of Cacela Velha. Classified as a Property of Public Interest in 1996, Cacela Velha is one of the smallest and best preserved villages in the Algarve and the beach is one of the best in all of Portugal. We will have lunch at 'Casa Velha' restaurant and enjoy the breathtaking view from the village. We continue on to The Prime Energize Hotel (3) where we will spend the night.



1. <https://www.vilaalbaresort.com/>

2. <https://www.hotelfaro.pt/en/>

3. <https://www.theprimehotels.com/energize/montegordo/en/>

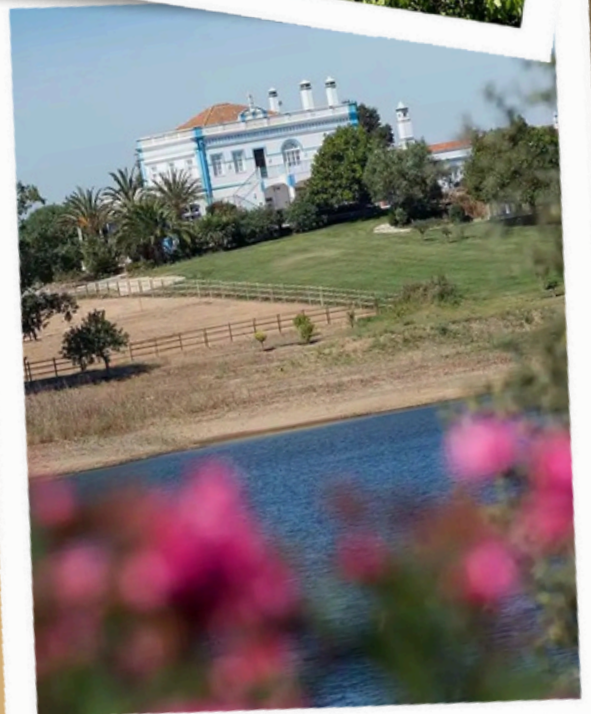
📍 Day 4: Alcoutim, Spain and Beja

- We will enjoy something different today, and visit the tranquil atmosphere of a mountain town in the Algarve called Alcoutim. When we arrive, we go paddle on the river, cross to the Spanish side to Sanlucar de Guadiana and have lunch there. If you like a little adrenaline rush, let's do a cross border zipline back to Portugal! After this amazing experience, we leave Algarve and enter the famous Alentejo. Next stop – Herdade dos Grous (4). In the heart of the 'Baixo Alentejo' region, prepare yourself for an intense wine tasting and guided tour around the vinyard.



📍 Day 5: Serpa and Moura

- After breakfast, just outside the hotel, we will paddle for about 2 hours and keep in shape, after so much good food and wine!! Next stop, Serpa. This small town deserves to be visited for its buildings, historical and archaeological heritage. Or simply to wander through the streets full of whitewashed houses and visit the craft shops and cheese shops. Lunch will be at the Restaurante Molhó Bico located in an old carved wine cellar. Once again we will enjoy the best regional flavors of Alentejo, served in generous portions and with excellent service. It is customary to have a nap in Alentejo! We can find some shade and rest a little or take the van and go directly to Moura! We will check in at Hotel de Moura (5).



📍 Day 6: Barragem do Alqueva e Herdade do Sabroso

- Time to go to the Barragem do Alqueva. This dam creates one of the largest artificial lakes in Europe, built on the River Guadiana. It has a reservoir of 250km² and covers five Alentejo municipalities. The plan is to paddle around 4km, around the small desert islands and have a coffee at the Alqueva Bar. Then, time to go to one of the highlight places of this tour: Herdade do Sabroso (6). I could write a full description about this place, but I will only plant a seed in your imagination. A unique landscape, amazing experiences with world class food and wine. There we will have a wine tour, tasting and traditional lunch. Enjoy the estate in the afternoon with the amazing activities offered.



4. <http://www.herdadedosgrous.pt/en/>

5. <https://hoteldemoura.com/en/>

6. <https://www.herdadedosobroso.pt/en/>

📍 Day 7: Monsaraz e Évora

Leaving this little paradise will be difficult, but we continue our journey. After breakfast, we are going to explore another side of the Barragem do Alqueva. It will be a tour with an ancient castle! Then, time to visit Monsaraz, a place that is called the 'Alentejo close to the sky'. This medieval village has incomparable beauty and looks like it is frozen in time. We will have our lunch at the Taverna Os Templários, the restaurant with the best view of the 'Barragem do Alqueva'. After this peaceful lunch, we take off to our final destination. Évora, described as a book of Portuguese art history in Alentejo. The hotel name is 'The M'AR De AR Aqueduto' (7), a 5 star hotel. Located in the historic center, in the heart of the area classified by Unesco as World Heritage Site, With this top location is possible to walk to the main monuments.



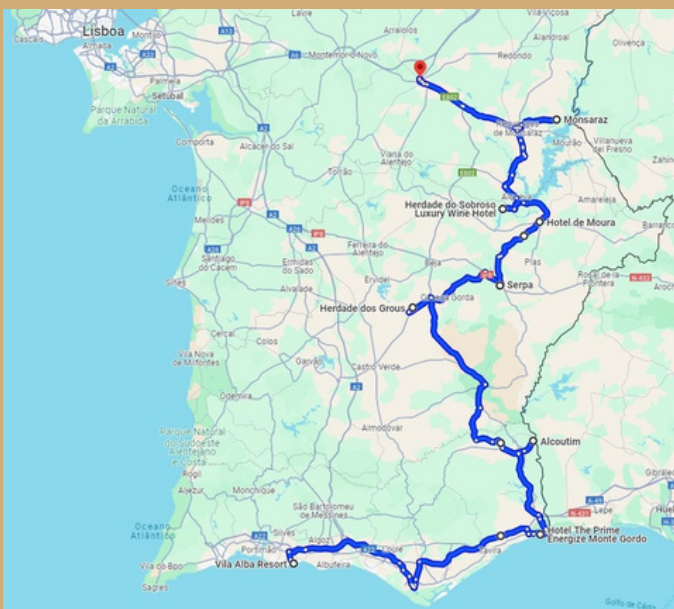
📍 Day 8: Last day, Évora

Before we go, we still have time for the last wine tasting, and we want to end with class! 'Adega da Cartuxa' is one of the most important wine brands in Portugal. Their wine portfolio is quite unique and includes the celebrated Pêra Manca, where a single bottle can cost up to 500€. We will have a final lunch to taste this wines at the Enoteca Cartuxa. After lunch, we return to Faro or you can easily take a Bus to Lisbon. You will need a vacation from the vacation, but you will be full of new stories and experiences to tell!



7. <https://mardearhotels.com/en>

Route



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Terms and conditions:

TOUR ONLY SUITABLE TO GROUPS FROM 2 TO 5 PERSONS.

Included:

- Three wine-tasting
- All transfers along the route
- breakfast & lunch and the dinner on the first day
- Hotel/guesthouse accommodation
- SUP guides on the description
- Stand-up paddle gear (board Indiana feather 7kg, carbon paddle, leash and lifevest)

Not Included

- Personal expenses
- Tips
- Other activities not listed and/or monuments entrance fees (tickets available to purchase at the entrance)

Price:

2025 Algarve/Alentejo expedition – **2200€**

Deposit:

30% of the tour's cost is required at the time of booking to secure your place on the expedition with the balance to be paid no less than 60 days prior to the expedition start.

Cancellation:

- Up to 14 days from order – Full refund
- Prior to 60 days – Loss of deposit
- 59-30 days- 50% of trip cost
- Less than 30 days – No refund

Payment:

Revolut

Bank details:

IBAN: LT35 3250 0818 7603 1621

BIC/SWIFT: REVOLT21

NAME: Guilherme Martins

ADRESS: Av Joao Paulo II, 8500-780, Portimao, PT

BANK ADRESS: Revolut Bank UAB

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All locations chosen to practice Stand Up Paddle comply with safety criteria. Even with less good conditions due to external factors such as weather, we will be able to carry out the activity, even if it is for a reduced duration. In the case of extreme factors, activities in the water will be canceled and we will continue the tour as planned.